



*Working with people, communities
and organizations to educate,
prepare and assist them in meeting
the needs of aging.*



**AREA AGENCY
on AGING**
Region 9

2012

ANNUAL REPORT

Everyone has the right to receive the care they need in the settings they prefer.

OUR PROGRAMS

Most older adults remain independent their entire lives, but others find themselves needing some help with daily activities, such as fixing meals and traveling to appointments.

There comes a time when older adults may need a level of care that they just cannot provide for themselves. AAA9 offers many different options in a variety of settings, from linking older adults with in-home care service to assisting with nursing facility placement. AAA9 also works as an advocate for older adults, providing information options for care and ensuring consumer rights are not infringed.



>> OUR VISION

“To be the recognized community leader in providing consultation and ongoing assistance for older adults and the people concerned about them.”



CAREGIVER *Support and Education*

The Caregiver Support Program offers free support for private individuals that provide care to a loved one, friend or neighbor. Individual consultations, in-home one-on-one skills training, speakers for any size groups, educational courses, lending library and literature help increase knowledge and ability to provide better care for a longer time. AAA9 offers support for individuals that provide care to a loved one, friend, or neighbor. This is your one-stop-shop for all your caregiving needs including: information and assistance, individual consultations, in-home one-on-one skills training and a multi-media lending library.

Speakers are available to inform your group about PASSPORT, aging issues, caregiving issues, aging advocacy or any other topic related to aging. Schedule an AAA9 professional to speak to your employees, church groups, service organization or other groups free of charge. AAA9 can also customize a workshop to educate caregivers on a number of topics including: "Caregiving 101", "Living With Alzheimers", and many others.

PASSPORT *Medicaid Waiver Program*

PASSPORT uses federal and state funds, through a Medicaid waiver, to pay for in-home alternatives to nursing home care for low-income, Medicaid eligible seniors. PASSPORT is a two-pronged program. The first part is a pre-admission screening during which interested consumers are screened by telephone to determine preliminary Medicaid eligibility and care needs. They are also provided information about the variety of long-term care options available.

The second part of PASSPORT is home care. Once a consumer is determined eligible a case manager works with him or her to develop a package of in-home services to be provided by local service providers. The case manager then monitors the care for quality and changes the care plan as necessary.

ASSISTED LIVING *Waiver Program*

Assisted Living bridges the gap between independent living and nursing home care by providing services in approved Assisted Living facilities to delay or prevent nursing facility placement. The Assisted Living Waiver Program is one of the long-term care options available statewide to Medicaid recipients to promote aging in place by supporting consumer desire for choice, privacy, and to remain independent.

Assisted living combines a home-like setting with personal support services to provide more intensive care than is available through home care services. Assisted living facilities provide older adults with an alternative to nursing facility care that is both less expensive and less restrictive.

Assisted living residences vary considerably, but most provide meals, housekeeping, laundry, transportation, and social activities. They also offer personal care, such as assistance with eating, bathing, grooming and personal hygiene. Some nursing care is also provided, including medication administration and dressing changes.

AGING AND DISABILITIES *Resource Network*

The Aging and Disabilities Resource Network (ADRN) at AAA9 builds on the strength of existing community agencies to streamline access to information, long-term supports and services to ensure elderly, vulnerable or disabled Ohioans in our service area have access to community living, personal choice and independence.

LONG-TERM *Care Consultations*

Long Term Care Consultations (LTCC) provide individuals or their representatives with information about options available to meet their long-term care needs and factors to consider when making long-term care decisions. Particular emphasis is on the exploration of whether there are appropriate community service alternatives to nursing facility placement that are a viable and feasible option to meet the individuals needs and preferences.

CARE *Transitions*

A Care Transitions Coach assists eligible individuals following hospital discharge by helping them become better prepared to take care of their health condition to help prevent them from being readmitted to the hospital.

HOUSING *Repair Program*

The Housing Repair Program offers assistance for emergency home repair and/or handicap accessibility modifications to individuals 60+ who own their home and meet income guidelines.

HOME *Choice*

HOME Choice assists persons of any age with disabilities who wish to move from long-term care facility settings to home and community settings.



call: 800.945.4250

YEAR IN REVIEW

The Area Agency on Aging Region 9 (AAA9) is a mission-driven, not-for-profit organization that for more than 30 years has provided cost-effective care management for Ohio's Elders and their families. Through traditional Medicaid Waiver programs like PASSPORT and Assisted Living, AAA9 helped over 2500 older adults receive the long-term care resources necessary for them to remain in their own homes and maintain their independence in 2012.

A Miami of Ohio's Scripps Gerontology Center report projected that between now and 2020, Ohio's 60-plus population will increase by 25% and by 2040, the aging population will almost double. AAA9 worked with the State and our legislators to prepare to meet the challenges of the future and to take advantage of the opportunities as well, piloting new programs like the Care Transitions Program designed to reduce the incidence of hospital readmissions, and Evidence-Based Self-Management Programs, like Healthy-U, to help teach skills to people that will allow them to better control their own health outcomes.

AAA9 and Ohio's aging network is preparing to meet the challenges of the future in an efficient and well-thought out manner.



"I can't say enough about the PASSPORT program and what they have done for me. There is a difference between just existing and living...PASSPORT has made it possible for me to live my life."

– MARY BARR, PASSPORT CONSUMER



SENIOR CITIZENS HALL OF FAME

May is Older Americans Month, a time to celebrate the many ways our elders are vital members of society who continue to grow, thrive and contribute. On Tuesday, May 22, 2012, the Ohio Department of Aging inducted 12 older Ohioans into the Ohio Senior Citizens Hall of Fame during an awards ceremony at the Ohio Statehouse Atrium. Included among the inductees was Glen Maxwell of Bellaire, Ohio. Ohio's Outstanding Elder Caregivers were also recognized at the ceremony and included among the honorees was Dr. John Mattox of Flushing, Ohio.

>> 2012 OHIO SENIOR CITIZENS HALL OF FAME

Darlene Baney Findlay	M.C. Hokenstad, Ph.D. Shaker Heights
Norman Bell, Sr. Toledo	Patricia Irwin Fairfield
Anna Blackwell Springfield	Julian Marcus Bexley
Werner Coppel Cincinnati	Genn Maxwell Bellaire
Gene D'Angelo Upper Arlington	Jane Scott Lakewood
Germaine Hahnel, M.D. Olmstead Township	Alberta Shurelds Lima



Left to Right: AAA9 consumer Mary Barr, AAA9 case manager Connie Broadwater, LSW and home health aide.

<< MARY E. BARR

Mary E. Barr lives in Cambridge, has been on PASSPORT for 10 years and is 95 years old; she has been blind for several years as a result of a sudden medical condition. A widow, she has no family or living relatives. PASSPORT is her support system along with neighbors and friends. She receives personal care, homemaking services, and home-delivered meals and has a lifeline. She has lived an amazing life. Her prized possession is a lamp made from a violin. That is her violin, her father had it made for her when she was a child. She was an accomplished violinist and played that very violin at concerts around the world when she was younger. Later in life, after a bout with cancer (she has survived cancer 3 times) cost her the thumb on her right hand and use of her hand; she was no longer able to play. Her husband, a dentist, had the violin made into a lamp for her and she cherishes it dearly. She is a graduate of George Washington University (a sociology/psychology

major) and is retired from her position as Registrar for Muskingum University in New Concord, Ohio. She lives on the 4th floor of her apartment complex and refuses to take the elevator, with the help of friends and neighbors she takes daily walks. She loves listening to books on tape and music and she works with local blindness coalitions to educate people about blindness issues. She is educated, articulate and very well-spoken.

"I can't say enough about the PASSPORT program and what they have done for me. There is a difference between just existing and living...PASSPORT has made it possible for me to live my life."

"Until you're thrust into the situation most people don't know what it means to be homeless and helpless. Without PASSPORT I would not be able to live independently in my home and I would be helpless. Because of PASSPORT I have a Home, Health and Hope."

<< NATIONAL FEARLESS CAREGIVER CONFERENCE

In October 2012, AAA9 hosted a National Fearless Caregiver Conference at Salt Fork Lodge in Guernsey County that was attended by more than 150 caregivers. Gary Barg, author of "The Fearless Caregiver," editor-in-chief of "Today's Caregiver" magazine was the key-note speaker for the event.

"This is a day of sharing wisdom," said Barg. "Never miss an opportunity to share your story with other caregivers, you never know when someone will give you an answer -- that you never expected -- to a question you weren't sure how to ask. It's like adding a 'piece to the puzzle.'

"Caregiving is when you assume responsibility for another person or person's daily needs."

Barg emphasized that the first step to caregiving is to care for yourself. "In order for us to be able to assume that responsibility, as soon as you become a caregiver,

you need to connect with people who can help, such as local agencies and support groups.

"You have an enormous responsibility. You need to be a champion for the person you are caring for. You are the manager, the CEO of Care for your loved one. You are as important as their therapist, doctor, nurse or dietician.

"We must make sure we don't take ourselves out of care -- emotionally, psychologically and physically. Remember, although a caregiver's life is extremely difficult, you are not alone."

"And don't forget to find some humor to help relieve the tension and depression you may experience," he said.

Barg recounted his several humorous experiences as a caregiver, and meandered through the audience asking questions about "what gets you through the day as a caregiver, and what helps your loved one to cope with his/her situation."



Left to Right: AAA9 employee Laurel DuBeck, RN, Gary Barg, author of "The Fearless Caregiver" and editor-in-chief of "Today's Caregiver" magazine and AAA9 employee Pate Lake, RN.

AAA9 Contracted Providers

>> IN 2012 PAYMENTS TO OUR 128 CONTRACTED SERVICE PROVIDERS FOR MULTIPLE PROGRAMS AND FUNDING SOURCES TOTALED \$28,403,765.47. BELOW IS A LIST OF CONTRACTED SERVICE PROVIDERS FOR 2012.

3102 Saint Charles Drive Operating Co. Inc. dba Carriage House Assisted Living
A Better Home Health Care South, Inc.
A.S.A.P. Homecare, Inc.
Access to Independence
Activstyle, Inc.
Acute Nursing Care, LLC
ADT Security Services, Inc.
Advanced Home Health, Inc.
Altimate Care, LLC
American Nursing Care
A-Z Home & Healthcare Services, Inc.
Bed Bug Burners, LLC
Belmont County Department of Job and Family Services
Belmont Manor
Belmont Senior Services, Inc.
Boardman Medical Supply Company, Inc.
Braden Med Services
Cambridge Home Health Care Private
Caring Hands, Inc.
Carol Electric, Inc.
Carroll County Council on Aging, Inc.
Catholic Social Services
College Park Home Services
Community Action Commission of Belmont County, Inc.
Community Home Healthcare, LLC
Companions of Ashland Homecare & Nurse Aide Training Center
Complete Healthcare Services, Inc.
Corporation for Ohio Appalachian Development
Coshocton County Coordinated Transportation Agency
Coshocton County Memorial Hospital Lifeline
Country Club Center Homes, Inc. dba Country Club Retirement Campus
Country Club Retirement Campus IV, Inc.

Critical Signal Technologies, Inc.
Dave & Brenda's Catering, LLC
David A. Bilancini dba Tri State Construction
David Kissinger Construction, LLC
Décor Built Construction Company, Inc.
Duraline Medical Products, Inc.
Dusini Drug, Inc.
Ember Complete Care, Inc.
Emerald Pointe Health and Rehabilitation Center
Enoch Ahenkora dba Love'n Comfort Home Healthcare, LLC
Executive Care
Family and Community Services, Inc. of Portage County
Finney's Institutional Pharmacy
Fosterbridge, Inc.
Genesis Caregivers
GMN Tri-County CAC, Inc.
Go-Troupe, LLC dba Tub Cutter!
Greater East Ohio Area Chapter Alzheimer's Association
Grove Home Medical, Inc.
Guardian Medical Monitoring, Inc.
Guernsey County Senior Citizens Center, Inc.
Harcatus Tri-County CAO, Inc.
Harrison County Council on Aging
Health Care Bridge, Inc.
Health Services of Coshocton
Heartfelt Homecare, LLC
Heavenly Home Health, LLC
Heaven's Angels Home Care
Helping Hands and Warm Hearts, LLC
Heritage Home Care, Inc.
Holmes County Council on Aging
Home Preferred Home Care, Ltd.
HomeSense Enterprises, LLC
I.H.S. Services, Inc.
ICU Home Healthcare, LLC
Independent Home Care, Inc.
Interim HealthCare (Akron)

Interim HealthCare (Cambridge)
Interim HealthCare of Southeast Ohio
Interstate Alarm and Electric
J & J Residential Service, Inc.
J. B. Mae, Inc. dba Tender Touch Home Health
Just Right Homecare, Inc.
Kno Ho Co Ashland, Community Action Commission
Lakeside Home Care, LLC
Life Alert Emergency Response
Lifeline System, Inc. dba Medical
Lifeline Systems Company dba Philips Lifeline
Lorraine Surgical Supply, Inc.
Muskingum Economic Opportunity Action Group, Inc. (M.E.O.A.G.)
Maxim Healthcare Service, Inc.
Medical Services of America, Inc. dba Medi Home Care
Medi Home Health Private Care
MedScope America Corporation
Mid-Ohio Home Health Care, LLC
Mirkin and Associates, Inc. dba Comfort Keepers
Morristown Pharmacy
Muskingum County Board of Commissioners dba Muskingum County Center for Seniors
Neidig Health Care, LTD dba Medi-Wise Pharmacy
Jirles Enterprises, Inc. dba NorthStar Pharmacy
Ohio State Legal Services Association
Ohio Valley Home Care, Inc.
Our Home Health, LLC
Paramount Support Services of St. Clairsville, Ohio, Inc.
Park Village Assisted Living
Patriot Medical Supplies, Inc.
Personal Touch Home Care of Ohio, Inc.
P. K. Mills and Company dba Heritage Complete Home Care

Professionals PRN, LLC dba Northside Oxygen and Medical Equipment
PurFoods, LLC dba Mom's Meals
Quality of Life Home Care, Ltd.
Red Carpet Health Care Center
Risch Arcade Home Health Care, LLC
Rural/Metro of Northern Ohio, Inc. dba Rural/Metro Helpline
S.A.R.A.H. Day Care Centers
Sanctuary Skilled Home Health Care, LLC
Society for Equal Access Independent Living Center
Sonshine Medical, Inc.
South East Area Transit (S.E.A.T.)
St. John's Villa
Stanton Homes, Inc.
Summit Acres Home Care
T.L.C. Home Health Care, Inc.
The Carr Center, Inc.
Tri-State Health Services dba Prime Time Office on Aging
Tuscarawas County Committee on Aging
Valley Home Care Solutions, LLC
Valued Relationships, Inc. dba VRI
Van Harlingen, Inc. dba Shaw & Ott Medical
Victorian Oaks
Voca Corp of Ohio dba ResCare HomeCare, Ohio
Walton Retirement Home, Inc.
Wheeling Area Private Duty
Woodrow Construction
Zandex Health Care Corporation dba Beacon House at Forest Hill
Zandex Health Care Corporation dba Lifeline Response Services of Southeastern Ohio

2012 AAA9

Financial Activities

SUPPORT

Federal	\$21,187,995
State	\$12,485,087
Program	\$426,748
Interest	\$1,198
In-Kind	\$12,099
	\$34,113,127

EXPENSES

Salaries	\$3,132,921
Benefits	\$1,241,783
Professional Services	\$141,417
Equipment/Supplies	\$86,534
Travel/Training	\$196,504
Depreciation	\$74,670
Occupancy	\$303,757
In-Kind	\$12,099
Other	\$210,084
Program Allocations	\$28,662,299
	\$34,062,068

>> AAA9 BOARD OF TRUSTEES 2012

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The Area Agency on Aging Region 9, Inc. is as a non profit Section 501(c)(3) organization designated by the Ohio Department of Aging as one of America's nearly 700 Area Agencies on Aging.

>> AAA9
SERVICE AREAS

Belmont County
Carroll County
Coshocton County
Guernsey County
Harrison County
Holmes County
Jefferson County
Muskingum County
Tuscarawas County



60788 SOUTHGATE ROAD
BYESVILLE, OHIO 43723

phone: 740.439.4478
toll-free: 800.945.4250
fax: 740.439.0064

visit: www.aaa9.org
email: aaa9@aaa9.org