

Offering support for individuals
that provide care to an older loved
one, friend, or neighbor.



You are a caregiver if you do anything for
anyone who can't do it for themselves,
whether in your home, their home, full
time, or just a few hours a week.

Family members and volunteers provide up to 90%
of all informal care giving. Few of us are trained to
be caregivers, and often the need to provide care
for another is sudden and unexpected. The National
Family Caregiver Support Program established via
the Reauthorized Older Americans Act, helps families
sustain their efforts to care for older adults with
serious, chronic illnesses or disabilities.

» THE PROGRAM OFFERS

Information and assistance, individual
consultations, in-home one-on-one skills training
and a multi-media lending library.

To schedule a caregiver
workshop or speaking
engagement, contact:
AAA9 Caregiver
Education Coordinator
(800)-945-4250

For more information on
one-on-one assistance,
resources, support groups
or specific caregiver
programs, contact:
AAA9 Community
Education Coordinator
(800)-945-4250

The Area Agency on Aging
Region 9, Inc. is as a non
profit Section 501(c)(3)
organization designated
by the Ohio Department of
Aging as one of America's
nearly 700 Area Agencies
on Aging.

» AAA9
SERVICE AREAS

Belmont County
Carroll County
Coshocton County
Guernsey County
Harrison County
Holmes County
Jefferson County
Muskingum County
Tuscarawas County



AREA AGENCY
on AGING
Region 9

CONTACT US

phone: 740.439.4478
toll-free (office hours): 800.945.4250
toll-free (after hours): 844.932.7277
fax: 740.439.0064



visit: www.aaa9.org
email: aaa9@aaa9.org



CAREGIVER SUPPORT
AND EDUCATION

Caring for Caregivers



AREA AGENCY
on AGING
Region 9



About *the* Program

The Caregiver Support Program offers free support for private individuals that provide care to a loved one, friend or neighbor. Individual consultations, in-home one-on-one skills training, speakers for any size groups, educational courses, lending library and literature help increase knowledge and ability to provide better care for a longer time. AAA9 offers support for individuals that provide care to a loved one, friend, or neighbor. This is your one-stop-shop for all your caregiving needs including: information and assistance, individual consultations, in-home one-on-one skills training and a multi-media lending library.

Speakers are available to inform your group about PASSPORT, aging issues, caregiving issues, aging advocacy or any other topic related to aging. Schedule an AAA9 professional to speak to your employees, church groups, service organization or other groups free of charge. AAA9 can also customize a workshop to educate caregivers on a number of topics including: "Caregiving 101", "Living With Alzheimers", and many others.

SERVICES AVAILABLE *For Caregivers*

Caregivers report the single greatest need is for respite. Respite is defined as an interval of temporary relief or rest. Unfortunately, there is little or no free respite available and most caregivers will need to be creative in finding this service. Our caregiver program will assist you with this process.

>> CAREGIVER SERVICES:

- Telephone and group support for caregivers.
- In-home one-on-one consultations.
- Outreach programs & referrals.
- Guidance & instruction.
- Caregiver Support Groups.
- Lending library (books, video's, etc.).
- All services provided by Social Worker and/or RN.
- Direct mailing of printed caregiver support information, publications and educational materials.
- Caregiver skills training such as lifting and transfer techniques, etc.
- Workshops and speaking engagements can be presented at your choice of locations, for any number of participants.
- Caregiver events.

CAREGIVER *Support Groups*

Caregiver support group meetings are held in the following counties. Check our website at www.aaa9.org or call us for updated times and locations.

CARROLL COUNTY

COSHOCTON COUNTY

GUERNSEY COUNTY

HARRISON COUNTY

TUSCARAWAS COUNTY

